



St. Patrick's Day Invitational

Saturday, March 12, 2022

Rules: 2022 USMS Rules and Southeastern LMSC Safety guidelines and warm-up procedures will govern. Safety guidelines specify feet-first entry during warm-ups, except for designated sprint lanes. All events will be timed finals.

Sanctioned By: Southeastern Masters Swimming for United States Masters Swimming Inc.

Host Club: Kingsport Aquatic Center Viperfish

Location: Kingsport Aquatic Center

1820 Meadowview Parkway, Kingsport TN 37660 (423)-343-9758

Directions to the Kingsport Aquatic Center can be found on www.swimkingsport.com

Facility: The HMG competition pool at the Kingsport Aquatic Center is a 50 meter pool divided by moveable bulkheads making it two 25 yard pools with 8 lanes on each side. It has a minimum depth of 5 feet and a maximum depth of 13ft. The pool is equipped with Daktronics Timing System. Warm up/warm-down lanes will be available throughout the meet in the shallow end of the HMG competition pool. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 Records will be contingent on verification of bulkhead placement.

Eligibility: All swimmers must be registered with United States Masters Swimming. If you are not yet registered with USMS, you will be able to do so at the first step of your meet entry process. All swimmers will need to fill out the paper entry form and either mail this to Madison Gump (1820 Meadowview Parkway, Kingsport, TN 37660) or email this to madisongump@kingsporttn.gov. They all need to attach a copy of their USMS card to their entry forms. Swimmers must also print out and sign the USMS waiver of liability found at the end of this meet information.

For swimmers who are not USMS members, One Event Memberships are available for a cost of \$20.

Meet Date/Start Time:

Saturday, March 12, 2022

Open Warm-Ups: 9:00am

Meet Start: 10:30am

Entries and Fees: A swimmer may enter up to six (6) individual events at a flat fee of \$60.00. You can pay online at <https://www.swimkingsport.com/masters-swim-team/>. If you pay online you will need to mail or email your entries to Madison Gump. Checks can be made to City of Kingsport. Late entries, as well as deck entries, will be accepted with an additional \$15.00 fee. Age for entries determined by the swimmer's age on March 12, 2022.

Seeding: All events will be seeded slowest to fastest with mixed gender. A swimmer with no seed time may indicate "No Time" or "NT" in the time slot and will be seeded as the slowest time in the event.

In order to be seeded in the 500 Free and 1650, a positive check-in is required in person at the registration deck by 9:15am Eastern Time Zone on the day of the event. We will seed the event at 9:30am.

The 500 and 1650 Freestyle will be limited to 32 spots and minimum of 4 spots. If the minimum entries are not met the meet director reserves the right to cancel the event.

Results will be tabulated by gender and age group, as defined by USMS guidelines.

Warm Up Schedule: A warm-up schedule will be posted on www.swimkingsport.com and will be posted at each end of the HMG Competition pool. Warm-ups will start 9:00am Eastern Time Zone on the day of the meet. We will have two 8-lane pools available for warm-up prior to the meet starting. Lane assignments will be determined by the Meet Director after receipt of entries.

One 8-lane pool will be available for continuous warm up/cool down throughout the meet.

Relays: Relay entries should be submitted to the head table by the start of the session (10:30am). There is no extra charge for relay entries.

Disabled Swimmers: An information sheet for disabled swimmers is available to prepare the facility and meet officials. Please contact Operation Supervisor of Programming, Madison Gump at, madisongump@kingsporttn.gov, (423)343-9767.

Officials:

Meet Director: Madison Gump

Entry Chair: Madison Gump

Meet Referee: Jack Gump

Deadlines: All individual entries and fees must be received by 11:59pm EST on Sunday, March 6th, 2022. Any entries arriving after that date will be considered late and require an additional \$15.00 fee. Late entries are due March 10, 2022 at 11:59 p.m. Eastern Standard Time. Relay entries should be submitted to the head table by the start of the session (10:30am).** There is no extra charge for relay entries.

Facility Rules:

The Kingsport Aquatic Center employees respectfully ask:

- No outside coolers, food, or drinks be brought into the building.
- No smoking or use of Electronic Cigarettes is allowed in the building or parking lot area.
- Only swimmers, coaches and meet personnel will be allowed on the pool deck at any time.
- Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.
- Use of audio or visual recording devices, including cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

COVID-19 Precautions:

To comply with USMS, local, regional, state, and federal health guidelines and orders, as well as facility requirements the following guidelines have been put into place for the St. Patrick's Day Invitational 2022. All attendees must comply with the following guidelines or will be disqualified from the meet and will be asked to leave.

Face Coverings and Social Distancing: All attendees will be strongly encouraged to wear a face covering while attending this event.

Team Areas: Teams will have designated areas around the pool area for their team. Swimmers should stay in their team areas when they are not competing. In their team area they are strongly encouraged to wear a face covering and practice social distancing.

Changing Areas: Locker rooms will be available for swimmers to use during the meet. No gear may be stored in the locker room during the event.

Family changing rooms will also be available for use to all general public.

Deck bathrooms will be available to coaches, officials, and KAC employees to use.

For any other questions regarding the swim meet and/or registration please contact Operation Supervisor of Programming Madison Gump at madisongump@kingsporttn.gov or call at (423)343-9767. Thank you!

Lobby bathrooms will be available for all individuals and will have a max capacity of 2 individuals at any given time.

Hospitality Room: There will be a hospitality room for coaches, officials and timers. Timers meeting and officials meeting will occur outside of the hospitality room to provide more space for social distancing.

Water Fountains: are available for refilling reusable bottles, which is sensor activated.

Timers: Timers will be stationed behind the blocks and will be asked to set back away from the block while the swimmer is on or behind the block. Once the heat has started and the swimmers enter the water timers may set up to the side of the pool at that time. For longer races there will be a chair behind each block for timers to use. All timers must wear a face covering. All stop watches, pickles, clipboards, and pencils will be disinfected after the meet is over.

Parking:

The KAC as well as the adjacent YMCA will be open during the meet. In deference to the YMCA membership, please have your families' park in the lot adjacent to the outdoor water park. Additional parking is available at the Meadowview Marriott, located just 1/2 mile from the Aquatic Center. If needed, you may drop off swimmers at the Aquatic Center before driving over and parking at the Meadowview lot.

Timing System:

The primary timing system will be automatic timing (Daktronics Timing System, with scoreboard). Times may be submitted for USMS records, and USMS Top 10 consideration.

Special Notes: All men's, women's, and mixed events will be swum together. The Meet Director reserves the right to limit the number of entries in any event in order to run the meet within the time allocated. We will take a 5-10 minute break after events #2, #7, #12, and #17. The Meet Director reserves the right to insert additional breaks to provide sufficient rest for the swimmers between events. The HYTEK event file, psych sheet, results, and other meet information will be posted on the Kingsport Aquatic Center website as they become available.

Refreshments: The Kingsport Aquatic Center will have a concession stand available for prepackaged drinks and food to be purchased at your discretion. They will also have water stations available for swimmer use.

Hotels: The closest hotel to our facility is Meadowview Marriott Conference Resort & Convention Center. It is about a half a mile away and is located at 1901 Meadowview Parkway, Kingsport, TN 37660.

*Positive check in required for the 500 and 1650 Free before 12:00pm Eastern Time Zone.

** Relay entire deadline

Please check out "Visit Kingsport" <https://visitkingsport.com/> for a list of things to do, places to stay, where to eat, events, visitors guide, and contact information. We look forward to you visiting Kingsport and will see you soon!

St. Patrick's Day Invitational
PLEASE USE THIS FORM FOR ENTRY AND MAIL TO
 Madison Gump, 1820 Meadowview, Parkway, Kingsport, TN 37660

Saturday, March 12, 2022

LAST NAME _____ FIRST NAME _____ EMAIL _____
 POSTAL ADDRESS _____
 DAYTIME PHONE (____) _____ - _____
 EVENING PHONE (____) _____ - _____
 BIRTHDATE _____
 AGE AS OF 3/12/2022 _____
 USMS REGISTRATION NUMBER _____
 CLUB NAME _____
 CLUB ABBREVIATION _____

Pls make checks to City of Kingsport

Meet entry \$60.00 \$ _____
 Late entry fee, \$15.00 \$ _____
 Total enclosed \$ _____

Mail to: Madison Gump, 1820 Meadowview ,
 Parkway, Kingsport, TN 37660

Warm-ups start at 9:00am
 Meet Session starts at 10:30am

Event #	Sex (circle 1)	Event		Entry Time
1	M F	500 YD	Free	
2	M F	200 YD	Medley Relay	
5-10 minute Break				
3	M F	100 YD	IM	
4	M F	200 YD	Fly	
5	M F	50 YD	Back	
6	M F	100 YD	Breast	
7	M F	50 YD	Free	
5-10 minute Break				
8	M F	200 YD	IM	
9	M F	50 YD	Fly	
10	M F	200 YD	Free	
11	M F	100 YD	Back	
12	M F	200 YD	Breast	
5-10 minute Break				
13	M F	100 YD	Free	
14	M F	200 YD	Back	
15	M F	50 YD	Breast	
16	M F	100 YD	Fly	
17	M F	400 YD	IM	
5-10 minute Break				
18	M F	200 YD	Free Relay	
19	M F	1650 YD	Freestyle	

PLEASE BE SURE TO SIGN THE USMS WAIVER AND INCLUDE WITH YOUR ENTRY

PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.

2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.

3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.

4. I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19, or other viral or bacterial infection, while participating in any of the Events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I agree that if I have a fever, cough, feel short of breath, have any other symptoms, have knowingly been exposed to a communicable disease such as COVID-19 or have traveled to or from a highly impacted area, I will not attend an Event for at least two weeks after exposure or symptoms have subsided or I have returned from a highly impacted area. In addition, if I discover I have been exposed to a suspected or positive case of COVID-19 or have tested positive for COVID-19, I will notify the USMS coach or club administrator immediately.

5. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.

6. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim..

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	M.I.	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street address, City, State, Zip				
Participant Signature				Date: