



KAC SCY Invitational 2022

September 16th & September 17th, 2022

Rules: 2022 USMS Rules and Southeastern LMSC Safety guidelines and warm-up procedures will govern. Safety guidelines specify feet-first entry during warm-ups, except for designated sprint lanes. All events will be timed finals.

Sanctioned By: Southeastern Masters Swimming for United States Masters Swimming Inc.

Host Club: Kingsport Aquatic Center Viperfish Masters Team

Location: Kingsport Aquatic Center

1820 Meadowview Parkway, Kingsport TN 37660 (423)-343-9758

Directions to the Kingsport Aquatic Center can be found on www.swimkingsport.com

Facility: The HMG competition pool at the Kingsport Aquatic Center is a 50 meter pool divided by moveable bulkheads making it two 25 yard pools with 8 lanes on each side. It has a minimum depth of 5 feet and a maximum depth of 13ft. The pool is equipped with Daktronics Timing System. Warm up/warm-down lanes will be available throughout the meet in the shallow end of the HMG competition pool. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 Records will be contingent on verification of bulkhead placement.

Online Entry:

Eligibility: All swimmers must be registered with United States Masters Swimming. We encourage swimmers to use the online entry system, which streamlines checking USMS registrations, putting your entries into the meet database, and entry payments.

Swimmers using a paper entry form need to attach a copy of their USMS card to their entry forms. Swimmers using paper entries must also print out and sign the USMS waiver of liability found at the end of this meet information. They must address them to our pool location above.

For swimmers who are not USMS members, One Event Memberships are available for a cost of \$20.

Meet Date/Start Time:

Friday, September 16th, 2022

Open Warm-Ups: 4:30pm

Meet Start: 5:45pm

Saturday, September 17th, 2022

Open Warm-Ups: 11am

Meet Start: 12:15pm

Entries and Fees: A swimmer may enter up to six (6) individual events at a flat fee of \$60.00. You can pay online at <https://secure.rec1.com/TN/kingsport-tn/catalog?filter=c2VhcmNoPTIxMjMyMzM> Checks can be made to City of Kingsport and you can mail your check and entry form to the address below. Late entries, as well as deck entries, will be accepted with an additional \$15.00 fee. Age for entries determined by the swimmer's age on September 16th.

Seeding: All events will be seeded slowest to fastest with mixed gender. A swimmer with no seed time may indicate "No Time" or "NT" in the time slot and will be seeded as the slowest time in the event.

In order to be seeded in the 1000 Free and 1650 Free, a positive check-in is required in person at the registration deck by 11:30am Eastern Time Zone on the day of the event. We will seed the event at 11:35am.

The 500 free, 1000 free and 1650 Freestyle will be limited to 32 spots.

Results will be tabulated by gender and age group, as defined by USMS guidelines.

Warm Up Schedule: Warm-ups will start on Friday, September 16th at 4:30pm Eastern Time Zone. Warm ups will end at 5:30pm but the shallow end of the competition pool will be open for continuous warm ups throughout the evening. At 5:00pm lanes 1 and 8 in the deep end will be one way sprint lanes only.

Warm-ups on Saturday, September 17th will start at 11:00am Eastern Time Zone and will end at 12:00pm with the meeting starting at 12:15pm. The shallow end of the competition pool will be open for continuous warm ups throughout the meet. At 11:30am lanes 1 and 8 in the deep end will be one way sprint lanes only.

Relays: Relay entries should be submitted to the head table by the start of the session (5:45pm Friday night or 12:15pm Saturday afternoon). There is no extra charge for relay entries.

Disabled Swimmers: An information sheet for disabled swimmers is available to prepare the facility and meet officials. Please contact Operation Coordinator of Programming, Madison Gump at, madisongump@kingsporttn.gov, (423)343-9767.

Scoring: The meet will be scored for individual events as the following

Individual events: 7-5-4-3-2-1

Relay events: 14-10-8-6-4-2

If there is a tie for any event the meet will follow USMS rulebook section 103.19.4 rule.

Awards: Per USMS rulebook 201.1.3 -times swum under one-event registration are not eligible for USMS Top 10 or records consideration. Individual high point awards for 1st, 2nd and 3rd place will be awarded to the swimmers with the high points for the meet. Team high point awards for 1st, 2nd and 3rd place teams will be awarded. Teams must have at least 2 swimmers competing in the meet to be eligible for team high point.

Officials:

Meet Director: Madison Gump

Entry Chair: Madison Gump

Meet Referee: Tom Shumann

Deadlines: All individual entries and fees must be received by 11:59pm EST on Sunday, September 11th. Any entries arriving after that date will be considered late and require an additional \$15.00 fee. Late entries are due by September 14th, 2022 at 11:59 p.m. Eastern Standard Time.

Facility Rules:

The Kingsport Aquatic Center employees respectfully ask:

- No outside coolers, food, or drinks be brought into the building.
- No smoking or use of Electronic Cigarettes is allowed in the building or parking lot area.
- Only swimmers, coaches and meet personnel will be allowed on the pool deck at any time.
- Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.
- Use of audio or visual recording devices, including cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Water Fountains: are available for refilling reusable bottles, which is sensor activated.

Parking:

The KAC as well as the adjacent YMCA will be open during the meet. In deference to the YMCA membership, please have your families' park in the lot adjacent to the outdoor water park. Additional parking is available at the

For any other questions regarding the swim meet and/or registration please contact Operation Supervisor of Programming Madison Gump at madisongump@kingsporttn.gov or call at (423)343-9767. Thank you!

Meadowview Marriott, located just 1/2 mile from the Aquatic Center. If needed, you may drop off swimmers at the Aquatic Center before driving over and parking at the Meadowview lot.

Timing System:

The primary timing system will be automatic timing (Daktronics Timing System, with scoreboard). Times may be submitted for USMS records, and USMS Top 10 consideration.

Special Notes: All men's, women's, and mixed events will be swum together. The Meet Director reserves the right to limit the number of entries in any event in order to run the meet within the time allocated. The Meet Director reserves the right to insert breaks to provide sufficient rest for the swimmers between events. The HYTEK event file, psych sheet, results, and other meet information will be posted on the Kingsport Aquatic Center website as they become available.

Refreshments: The Kingsport Aquatic Center will have a concession stand available for prepackaged drinks and food to be purchased at your discretion. They will also have water stations available for swimmer use.

Hotels: The closest hotel to our facility is Meadowview Marriott Conference Resort & Convention Center. It is about a half a mile away and is located at 1901 Meadowview Parkway, Kingsport, TN 37660.

*Positive check in required for the 500 and 1650 Free before 12:00pm Eastern Time Zone.

** Relay entire deadline

Please check out "Visit Kingsport" <https://visitkingsport.com/> for a list of things to do, places to stay, where to eat, events, visitors guide, and contact information. We look forward to you visiting Kingsport and will see you soon!

KAC SCY Invitational 2022

PLEASE USE THIS FORM FOR ENTRY AND MAIL TO

Madison Gump, 1820 Meadowview, Parkway, Kingsport, TN 37660

September 16th & September 17th, 2022

LAST NAME _____ FIRST NAME _____ EMAIL _____

POSTAL ADDRESS _____

DAYTIME PHONE (____) _____ - _____

EVENING PHONE (____) _____ - _____

BIRTHDATE _____

AGE AS OF 9/16/2022 _____

USMS REGISTRATION NUMBER _____

CLUB NAME _____

CLUB ABBREVIATION _____

Please make checks out to City of Kingsport

Meet entry \$60.00 \$ _____

Late entry fee, \$15.00 \$ _____

Total enclosed \$ _____

Mail to: Madison Gump, 1820 Meadowview ,
Parkway, Kingsport, TN 37660

Warm-ups start at 4:30pm
Meet Session starts at 5:45pm

Event #	Sex (circle 1)	Event		Entry Time
1	M F	500 YD	Free	
2	M F	400 YD	IM	
3	M F	200 YD	Medley Relay	

Warm-ups start at 11:00am
Meet Session starts at 12:15pm

Event #	Sex (circle 1)	Event		Entry Time
4	M F	1000 YD	Free	
5	M F	400 YD	Free Relay	
6	M F	100 YD	IM	
7	M F	200 YD	Fly	
8	M F	50 YD	Back	
9	M F	100 YD	Breast	
10	M F	50 YD	Free	
11	M F	400 YD	Medley Relay	
12	M F	200 YD	IM	
13	M F	50 YD	Fly	
14	M F	200 YD	Free	
15	M F	100 YD	Back	
16	M F	200 YD	Breast	

For any other questions regarding the swim meet and/or registration please contact Operation Supervisor of Programming Madison Gump at madisongump@kingsporttn.gov or call at (423)343-9767. Thank you!

17	M	F	200 YD	Free Relay	
18	M	F	100 YD	Free	
19	M	F	200 YD	Back	
20	M	F	50 YD	Breast	
21	M	F	100 YD	Fly	
22	M	F	800 YD	Free Relay	
23	M	F	1650 YD	Freestyle	

PLEASE BE SURE TO SIGN THE USMS WAIVER AND INCLUDE WITH YOUR ENTRY

PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.

2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.

3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.

4. I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19, or other viral or bacterial infection, while participating in any of the Events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I agree that if I have a fever, cough, feel short of breath, have any other symptoms, have knowingly been exposed to a communicable disease such as COVID-19 or have traveled to or from a highly impacted area, I will not attend an Event for at least two weeks after exposure or symptoms have subsided or I have returned from a highly impacted area. In addition, if I discover I have been exposed to a suspected or positive case of COVID-19 or have tested positive for COVID-19, I will notify the USMS coach or club administrator immediately.

5. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.

6. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim..

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	M.I.	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street address, City, State, Zip				
Participant Signature				Date: